Please ask your planner or review the county policy for requested services/ items as every county may be different. Requests need to relate to the consumers disability.

This list is not all inclusive please present additional ideas. All services/ items need to be within DHS and county guidelines

\*Some services/ items will require supporting documentation before purchasing. The county can require supporting documentation for requested items.

If you purchase a service/ item before approval you are accepting that you will be financially responsible if the county does not approve the service/ item

Home Services & items:

* Lawn care (mowing, spring and fall clean up), snow removal
* moving services (transitional services) or moving furniture/ organization
* laundry reimbursement or laundry items (soap, stain remover and dryer sheets)
* professional organization services
* Internet services (cannot be a bundled service, needs to meet client goals based on needs)
* grocery delivery services
* home delivered meals
* floor cleaning (due to incontinence or other bodily fluids)
* sanitizing wipes (due to bodily fluids on surfaces in the home or sanitizing for immunocompromised clients)
* \*Home modification (the first 5,000 comes from CDCS budget; you will need 2 bids and submitted to the county for review; you can use a home modification consultant)
* \*Fence (due to elopement), (the first 5,000 comes from CDCS budget; you will need 2 bids and submitted to the county for review)
* air purifier (due to respiratory condition or complications)
* specialized vacuum (due to respiratory condition or complications. Adaptions)
* door alarms/ sensors (due to behaviors and monitoring of clients with cognitive limitations).
* security system with monthly monitoring fee (due to behaviors and monitoring of clients with cognitive limitations).
	+ what other things have been tried and not worked well, justification for the county.
* \*cameras/ video monitoring (due to behaviors and monitoring of clients with cognitive limitations).
	+ You will need to complete DHS forms 6789B & 6789C with your case manager. o review county guidelines for additional criteria

Personal assistance - staffing:

* Paid parent or paid spouse
* consumers under age 18 need to have 1 ADL dependency in the assessment
* may not exceed 40 hours per week
	+ This can be one or both parents, however it can't exceed 40 hours per week between parents’ hours. Even if you have several children on CDCS, CSG or other grant program.
* max wages 2021 is at 18.82/ hr. with PTO & 19.60/ hr. without PTO
	+ if you have completed the Enhanced rate education and submitted to the state you can earn up to 20.24/ hr. with PTO & 21.08 hr. without PTO.
* <https://mn.gov/dhs/partners-and-providers/news-initiatives-reportsworkgroups/long-term-services-and-supports/pca-enhanced-rate/qualifying.jsp>
* support staffing minimum union wages are 14.40/ hr. effective 10/1/21
* if staff wages exceed 19.60 per hour the county will request justification for wages that would exceed typical state planned wages (this can include education of the staff person and a detailed list of job duties)
* Shared staffing: needs to be written into the plan and DHS form 6633D needs to be filled out and signed. This needs to be approved by the county using form 6633D.
* Overtime may be approved only by the county; this needs to be written in the plan and approved o what is the justification for the overtime request
* Over lapping staffing may be approved only by the county; this needs to be written in the plan and approved o what is the justification for the request (self-cares that take 2 people)
* Holiday pay is 1.5% of hourly wages (New Year's Day (Jan), Dr. Martin Luther King Jr. Day (Jan), Memorial Day (May), Labor Day (Sept), and Thanksgiving Day (Nov). The union has approved 2 floating holidays for each staff.
	+ If staff and managing party want to waive floating holidays you will need to complete needed paperwork for the FMS.
* Caregiver relief o if staff works overnights and/ or weekends staff is paid an hourly rate. ¬ staff can be paid an "awake" rate and a "sleep" rate ¬ if this puts staffing into overtime you will need prior approval from the county
* Training courses/ classes for staff related to the consumers disability/ needs o in person CPR classes (counts towards enhanced rate/ stipend)

Therapies: (not covered by insurance):

\*Therapies need an Alternative Treatment form filled out by your doctor and submitted to the county for review

* \*Music therapy
* \*Art therapy
* \*Massage therapy
* \*Animal therapy (horse therapy/ HIPPO therapy, etc.)
* \*Aromatherapy (essential oils, diffuser, carrier oils, etc.)
* \*Massage chair (for massage therapy instead of traditional massage)
* \*Brain balance therapy
* \*Vision therapy
* \*pool/ swim therapy or water aerobics o membership fee for consumers 18 and older.
* supplies for therapeutic purposes (art therapy, aromatherapy, music therapy, etc.)

Behavioral support items/ sensory items:

\*You will need a letter of recommendation from therapist, or an Alternative Treatment form filled out by your doctor and submitted the county for review

* \*Fidgets (putty, moon sand, play dough, spinners, etc.)
* \*Sensory items (swings, specialized chairs, river rocks, crash pads, indoor trampoline, noise canceling headphones, ear plugs, light projector, weighed blanket, pressure vest, compression sock, etc.)
* parenting books/ apps for managing behaviors
* other items: timers, Blue light kids, calming items, etc.
* emotional regulation games/ books (Mightier, etc.)
* social stories/ apps o apps will need a letter of recommendation
* \*Balance equipment
* adaptive chairs
* Adaptive yoga
* \*Punching bag
* GPS tracking device (consumers who are at high risk for elopement)

Community activities:

* Adaptive community activities (Special Olympics, Miracle League, HOPE, adaptive sports, etc.)
* Adaptive swimming lessons 1:1 o see county guidelines for cost allowance for service
* Camp (caregiver relief, skill building, socialization related to disability)
* Community classes (for skill building related to disability)
* Day and Employment services
	+ consumers may be eligible for 20% to CDCS budget. The case manager will need to fill out forms and submit the request to the state.
* adaptive driving assessment/ training (Courage Kenny)
	+ \*Adaptive bike o you will need a letter of recommendation o if the cost is over 2,000, you will need 2 bids and send them to the county to review

Medical Supplies & Equipment:

* wipes (incontinence, bathing related to disability)
* medical gloves, hand sanitizer
* Commode liners
* commode/ bed pan
* shower chair, bath lift chair/ transfer bench
	+ You will need to go through insurance first. If insurance denies the equipment you will need to provide the county the denial letter.
* handheld shower head
* grab bars
* cane, walker, wheelchair, transfer chair, scooter
	+ You will need to go through insurance first. If insurance denies the equipment you will need to provide the county the denial letter.
* compression stockings
	+ You will need to go through insurance first. If insurance denies the equipment you will need to provide the county the denial letter.
* ACE wraps
* transfer disc, specialized cushions
* accessories for mobility devices (trays, cup holders, etc.)
* Cleaning wipes/ products for CPAP device
* Humidifier
* portable oxygen concentrator
* blood pressure monitor, pulse oximeter
* positioning pads/ devices
* incontinence pads, depends, pull ups, diapers
	+ For MA only- You will need to go through insurance to see if they will cover the cost of items or partial cost.
* incontinence pads for furniture (washable or disposable), waterproof mattress protector
* specialized lenses/ glasses
	+ You will need a letter of recommendation from your Ophthalmologist with ICD 10 codes
* Medi-minder/ pill box
	+ services provided through a company will have a monthly fee
* PERS "lifeline" (Personal Emergency Response System)
* services provided through a company will have a monthly fee
* FitTech Smart Senior (tracking watch that uses your cell phone provider)
* Adaptive/ specialized footwear
* Bed adaptations or adaptive bed
	+ for a bed, you will need to go through insurance. If they deny the bed, you will need the denial letter and send it to your case manager for review
	+ You will need a letter of recommendation for a specialized bed
* Specialized diet
	+ You will need an Alternative treatment form filled out
	+ see county guidelines for cost allowance per diet

Assistive Technology:

* + Used to increase consumers abilities, maintain/ improve skills, or access their environment, maintain independence
	+ Maximum limit check county guidelines (computer, tablet, iPad, etc.)
* iPad o If for communication you will need a letter of recommendation from a speech therapist
	+ If for communication, you will need to go through insurance first to see if they will cover it. If insurance denies the iPad, you will need a denial letter for CDCS to cover the device
* Computer/ tablet
* apps for devices
* Adaptive switches
* door lock with remote/ keypad entry (bedridden, physical limitations)
* Assistive technology assessment

Other Supplies & Equipment:

* + Related to a consumer’s disability
* adaptive clothing/ specialized clothing/ clothing alterations
* replacement shoes
* replacement bedding/ pillows
* equipment for adaptive sports
* paper towels (keeping things clean for immuno suppressed consumers/ consumers who spill a lot)
* adaptive silverware, plates, straws, or cups
* stationary supplies (behavioral charts, calendars, social stories, adaptive cookbook, etc.)
* Timers
* electric toothbrush
* adaptive games
* adaptive kitchen tools
* blender (specialized diet)
* adaptive strollers/ adaptive car seats
* \*SAD light
* You will need an Alternative treatment form filled out
* You will need to go through insurance first, if they deny the request you will need to submit a denial letter to the case manager to review

Non-medical transportation:

* + Medical transportation may be fund through insurance. Call your provider
* straight MA clients contact Mnet for medical rides or mileage reimbursement- needs prior authorization
* Mileage reimbursement: per mile at the current IRS rate (2021: 0.56 per mile)
* cab fares (per county guidelines)
* Transportation services (to access the community or employment)
* hitch/ lift for transporting scooters
* carrier or trailer for adaptive bike (to access the community with family)

Please visit [www.spark2hope.org](http://www.spark2hope.org) for resources